



Blondes have more fun? Well this isn't always true - especially if you are like me "bottle blonde" i.e. not natural and fake.

I have actually developed a condition called "blonde-arexia" this is where you start off brown and get some blonde streaks... and more blonde streaks and more blonde streaks and then one day you wake up and you are completely blonde with horrible regrowth! What do you do then? Get a blonde tint? Horrendous results, and not recommended especially if you have dark eyebrows. In fact my natural hair colour doesn't easily go blonde, it tends to go very gold, dare I say "orange" in colour. So how do you find the right blonde for you? Although an experienced hairdresser can tell you that this is achievable, I know myself and have from my other "blondie" friends that we often walk out looking a shade of blonde that we feel doesn't suit us.

Blonde Hair Colour Disasters

This last year has been an exercise in blonde disaster's for me. I just don't feel the colour I currently have suits my skin tone. I am now in the process of finding a different hairdresser and it isn't easy - they all seem to understand what I want - but I still walk out looking wrong. I have even gone back only to have them argue with me and then make me pay for more blonde foils... go figure. Needless to say I had to go and then get some "low lights" added as I felt like my blonde was looking a bit "Gwen Stefani". The general rule of thumb that if you were blonde as a child, you will look good blonde as an adult. I was mousy brown with blonde streaks as a young child, so I figure I can go a little lighter than that. Being in my 40's I have noticed that whenever I go darker I feel dull and less pretty. In fact my partner is very clear that he likes my hair "blonde". Maybe he is following in the Gentlemen's prefer Blondes tradition. That's not to take away from my gorgeous brunette friends who suit their lovely dark locks!

Communicating with Hairdressers

At my age you would think that hair isn't really that important, but after my last 3 recent hair colour disasters when I actually did not want to go out in public, felt depressed and even considered wearing a hat to a party! I mean really, you would I would be more mature about it, but alas no. Or perhaps I was just a "blonde moment". As a last resort I did a search online and found a local hair dresser that specialised in colour corrections. They were really fabulous and helped out on the day and spared me from the hat wearing! I will definitely be going back to see if we can find the right blonde to suit me. In the meantime I am madly buying magazines as I have learnt that some words have different meanings, i.e caramel foils are actually orange, warm shades are actually orange, and a few shades lighter tint also equals orange. A photo speaks louder than any words so I continue to rip the heads of blonde models and celebrities in every magazine I read in the desperate hope I can communicate more clearly with hairdressers. So now I wait until there is enough re-growth for the next nervous visit to the salon!

Wish me luck... and I hope to be a blonde bombshell again real soon!